

Is Your Teenager a Stranger?



Bridging the Parent/Teen Communication Gap

*How Parents Can Listen So Teens Will Talk and
How Teens Can Talk So Parents Will Listen*

Join Dr. Beth Halbert along with thousands of other parents and teens across the country for this national teleconference beginning this Fall (dates to be determined)

Dr. Beth, child psychologist, author and speaker, has worked with hundreds of families to address the challenges of being a teen—and parenting a teen. As the founder of Compassionate Parenting, she takes a unique approach to **creating better communication and connection** between parents and teens.

In this powerful teleconference series, parents and teens will learn new ways to:

1. Be yourself and make choices to support each other in your relationship
2. Talk openly and compassionately with your parent/teen
3. Listen attentively to each other's concerns, problems, issues, etc.
4. Ask questions that show genuine interest in your parent/teen's life
5. Not take things personally and not lose control of your emotions
6. Create boundaries and "agreements" around various situations
7. Develop more responsibility, cooperation, connection and love

Each "Bridging the Parent/Teen Communication Gap" Teleconference will take place **once a week for six consecutive weeks**. Participants will learn time-tested techniques from Dr. Beth to foster clear, compassionate communication, and participate in self-reflection assessments and other fun exercises.

You can **create your own learning circle** in your area, where parents and teens will assemble for the call. In doing so, you will earn commissions on all the revenue generated from the circle, as well as resources and referral fees for your business or organization. Cost to set up a circle: \$250.

Or simply **participate in the teleconference as a listener** on the calls. By joining a learning circle, you will be able to get together and share with other parents and teens going through similar issues, and be part of an ongoing support group and "buddy" system. Cost to participate in a circle: \$75.

It's easy to sign up. Just **visit www.DrBeth.com**. Once you sign up for a circle or create your own circle, you'll receive an email confirmation with all the teleconference details.



Dr. Beth Halbert is a child psychologist, speaker, author and songwriter. She founded Compassionate Parenting to offer programs that teach parents to be compassionate with themselves, their teens and children—and to help them reach their potential and greatness.